

Age groups for the DACHSTEINLAUF 2024

Age groups 10km / 40km

Class	From	To	10km	42km
AK I ladies	1984	1993	X	X
AK I men	1984	1993	X	X
AK II ladies	1974	1983	X	X
AK II men	1974	1983	X	X
AK III ladies	1969	1973	X	X
AK III men	1969	1973	X	X
AK IIIa ladies	1969	1973	X	X
AK IIIa men	1969	1973	X	X
AK IIIb ladies	1964	1968		X
AK IIIb men	1964	1968		X
AK IV ladies	1959	1963	X	X
AK IV men	1959	1963	X	X
AK IVa ladies	1959	1963	X	X
AK IVa men	1959	1963	X	X
AK IVb ladies	1954	1958		X
AK IVb men	1954	1958		X
AK V ladies	1949	1953	X	X
AK V men	1949	1953	X	X
AK V ladies		1948	X	X
AK V men		1948	X	X
AK Va ladies	1949	1953	X	X
AK Va men	1949	1953	X	X
AK Vb ladies		1948		X
AK Vb men		1948		X
female & male general	1994	2003	X	X
youth female	2004	2008	X	X
youth male	2004	2008	X	X

Age group „Kids-Race“

Class	From	To	200m	400m	1km	2km	3km
Zwergerl I	2018	jünger	X				
Zwergerl II	2017	2017		X			
children I	2015	2016			X		
children II	2013	2014				X	
student I	2011	2012					X
student II	2009	2010					X